



Psychic Migrations are simple motifs for making perceptual space. Why? Our own psyche and souls are pretty much hijacked, then deeply privatized by all kinds of stupid narratives or people who aren't people. We don't know who is who in whose image. In other words, human monopolization is a far-out process that has left us feeling confused, guilty and absent. To contest, we visualize or imagine more new world myths or some day futures but lose energy when we look around with our eyes open. Are we just sick tricks of a ninny god?

We gotta quit cooling out and forgetting. The exercises outlined in this volume are practices to remind us how to get back to it. To make new whys or to get fiercer. Can we see shared dreams or make the day night?

HXXXX GUSTAFSON  
Freeland, WA 2.21.12

“Changes of physical position and attitude can be metaphors for seeing through. To psychologize we need to “get closer” or even to “back off” for a different perspective or to look at things from a new angle. Other motifs are: turning lights on or off, entering, descending, climbing up or fleeing to gain distance, translating, reading or speaking another tongue, eyes and optical instruments, being in another land or another period of history, becoming insane or sick or drunk - all of which are concrete images for shifting one’s attitude to events, scenes, and persons. Watching images on screen or making images with a camera also present modes of psychologizing. But best of all is glass.”

JAMES HILLMAN  
Re-Visioning Psychology

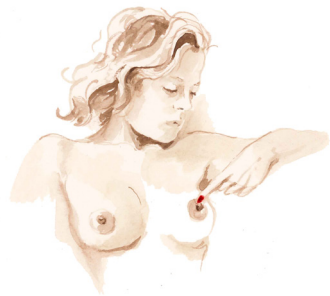
Open or close the eyes.



Turn on or off or  
change the color of the lights.



Shift attitude.



Watch images.



Make images.



Become insane,



or drunk or sick or high.



Change time or space.



Gain distance.



Translate, read or speak  
in another tongue.



Put on a mask.



Enter or exit.



Change speed or position.





Look through glass.



Make dreams.



La petite mort.

